

9 October 2016: Preached by Rev Quek Suan Yew

**Topic: Life of Christ: Be courageous**

Scripture text: Mark 6:45-56

1. We all fear. Many love the world and are fearful of death because death will separate them from the world. To be courageous is not the absence of fear but to overcome fear. We must not allow fear to stop us from doing what is right.

2. Firstly, know the destination (v45-47). The disciples were told where to go but they were struggling against the wind. At the fourth watch (3am to 6am), they must have been exhausted. Jesus deliberately left them alone but even though He is not with them physically, He is in control. Likewise, He knows what we are going through. We must know that we have a journey to travel before we reach heaven.

3. Secondly, keep our eyes on the Lord (v48-50). The disciples must stop being afraid and know that Jesus Christ is with them. The parallel passage in Matthew 14:25-36 tells us that Peter walked on water so long as he kept his eyes on Christ. We can do what God wants us to do so long as we look at Christ and not the circumstances. Do not be stumbled by the problem but focus on Christ. It means studying the Bible and obeying it.

4. Thirdly, keep worshiping the Lord (v51-56). To sustain the courage, we must continue in our worship of God just like how the disciples acknowledged Jesus Christ as the Son of God (Matthew 14:33).